

## **WARNING FLYER ON ASPARTAME**

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Warning: Aspartame is an addictive excitoneurotoxic, carcinogenic, genetically engineered drug and adjuvant that damages the mitochondria and interacts with drugs and vaccines. (AminoSweet, NutraSweet, Equal, Spoonful, Canderel, E951, Benevia, etc.)

This information has now reached critical mass so Ajinomoto has changed the name of aspartame to AminoSweet. Be alerted. It's very deceptive since is the free methyl alcohol, a severe metabolic poison, that sweetens aspartame.

In May 1992, the official U.S. Air Force Magazine, Flying Safety explained: "In pregnancy the effects of aspartame can be passed directly to the fetus, even in very small doses. People have suffered aspartame-related disorders with doses as small as that carried in a single stick of chewing gum. This could mean a pilot who drinks diet sodas is more susceptible to flicker vertigo or to flicker-induced epileptic activity. It also means that all pilots are potential victims of sudden memory loss, dizziness during instrument flight and gradual loss of vision." Aspartame is sold by Ajinomoto Chemical Co. as NutraSweet and EQUAL, and now under other names by other producers. Never get on a plane without giving the pilot and flight attendants Dr. Russell Blaylock's Pilot Aspartame Alert:

[http://www.mpwhi.com/pilot\\_aspartame\\_alert.htm](http://www.mpwhi.com/pilot_aspartame_alert.htm)>[http://www.mpwhi.com/pilot\\_aspartame\\_alert.htm](http://www.mpwhi.com/pilot_aspartame_alert.htm)

Remember your life is in the hands of the pilot. His resources are on

[http://www.mpwhi.com/blaylock\\_wellness\\_center.htm](http://www.mpwhi.com/blaylock_wellness_center.htm) Captain Fred Fox is Mission Possible Aviation's Representative for Aviation Safety

Aspartame is not an additive, only masquerading as such. It's an addictive, excitoneurotoxic, carcinogenic, genetically engineered drug and adjuvant that damages the mitochondria and interacts with drugs and vaccines.

Pilots have experienced grand mal seizures in the cockpits of commercial airline flights and have lost their medical certification to fly, and six have died we know of using aspartame. FDA has received more than 10,000 consumer complaints on NutraPoison, that's 80% of all complaints about food additives. Still FDA remains comatose and has done nothing to alert the public, who assume that since it's so highly advertised, it must be as safe as mother's milk. The FDA consistently approves killer drugs as OMNI Magazine reported: "51% of FDA approved drugs have serious risks and could cause adverse reactions that lead to severe or permanent disability of death" [MAY '94]

The CDC, Johns Hopkins University and the New Jersey School of Medicine estimates that 80-120,000 Americans die from prescription drugs each year. This atrocity has everything to do with money and nothing to do with public health. Aspartame manufacturers reap at least a billion annually from its Aspartame toxic bonanza. This can and does buy a lot of bureaucrats! Does FDA mean FATAL DRUGS ALLOWED? FDA works for industry, not citizens. Ronald Reagan's FDA head Arthur Hayes overruled his own board of inquiry to approve NutraSweet, then hired on with their public relations firm. Federal attorney Sam Skinner was assigned to prosecute the G. D. Searle Co. For the fraudulent tests they used get this poison approved, but Sam switched sides and went to work for Searle's lawyers and the case died when the feds let the statute of limitations run out. [Monsanto acquired Searle, original producer of NutraSweet and then sold to Ajinomoto, Merisant and others.

Nasty Aspartame, genetically engineered in E. coli bacteria

Bill Deagle, M.D. explains how aspartame is made:

Most people when asked how Aspartame is made do not have the first step of understanding. While an E.R. doctor and primary care physician in Augusta, GA in 1987 and 1988, I was told a number of interesting facts about the adjacent Aspartame factory. Bacteria with genes inserted generate a sludge which is centrifuged to remove the aspartame and many hundreds of contaminant organic and amino acids are present. We were told not to report illness or worker's compensation issues for fear of being fired by the hospital, now the Augusta Regional Medical Center. Many of their employees presented with psychiatric, neuropathy conditions, chronic fatigue and organic cases of loss of cognitive function. This powder from the dried sludge was then transported for packaging in factories elsewhere in the US, before sale as Equal and now the myriad of names of this neurotoxin." Bill Deagle, M.D., 888-212-8871

If you are using aspartame and have headaches, depression, slurred speech loss of memory, fibromyalgia, loss of sensation or shooting pains in the lower legs, loss of equilibrium, vertigo, anxiety attacks, chronic fatigue, vision loss, floaters, retinal detachment, seizures or heart palpitations you may have ASPARTAME DISEASE! Multiple Sclerosis can be mimicked or precipitated by aspartame. CARDIAC ALERT: aspartame triggers abnormal heart action, can lead to complete heart failure, sudden death!

An honest FDA toxicologist, the late Dr. Adrian Gross wrote to Senator Howard Metzenbaum: "The views of the FDA's Center for Food Safety read like a script written for Abbott & Costello in the sense of their having perceptions inside-out and upside-down. FDA may have gone through the motions...such a "process" or dance represented a farce and a mockery." Aspartame is a molecule composed of three components: aspartic acid, phenylalanine and methanol. Once ingested, the methanol (wood alcohol that has killed or blinded thousands of skid row drunks) converts to formaldehyde, then formic acid [ant sting poison]. Formaldehyde is deadly embalming fluid, a Class A Carcinogen. Phenylalanine and aspartic acid are toxic when unaccompanied by the other amino acids in proteins. Aspartic acid caused brain lesions in experimental animals.

The FDA report listed 92 documented symptoms, including:

Numbness, Headaches, Fatigue Vertigo, Nausea, Palpitations, Weight Gain, Dizziness, Irritability,

Anxiety, Memory Loss, Blurry Vision, Rashes, Seizures, Blindness, Tinnitus, Joint Pain, Depression, Hearing Spasms, Addiction, Loss of Insomnia, Weakness, Loss of taste, male sexual dysfunction (and ruins female response)

NutraSweet is found in thousands of foods and on every restaurant table for the same reasons tobacco is everywhere: Greed, Addiction and Profit. If you take other medicine consider possible reactions aspartame may cause. One Pivotal Study submitted for aspartame approval was a 52-week oral toxicity infant monkey study (SC18862). "All animals in the medium and high dosage groups exhibited seizures. The seizures were of the Grand Mal type. One monkey, M38, died after 30 days." The report makes this conclusion: "The convulsions in the monkeys are correlated with and can be attributed to high serum phenylalanine levels." This research proved aspartame triggers seizures in monkeys. The seizures stopped when it was discontinued. They took the "no aspartame test" and got well. Don't let your family be their next monkeys!

What is the worst aspartame can do? It damages the hypothalamus and causes male sexual dysfunction and ruins female response, so it destroys marriages. The Trocho Study showed that the formaldehyde converted from the free methyl alcohol embalms living tissue and damages DNA. When you damage DNA you can destroy humanity. Dr. Maria Alemany who did the study said aspartame can kill 200 million. It probably already has. Consider that it is an abortifacient as well as a teratogen causing birth defects and mental retardation. Aspartame triggers an irregular heart rhythm, interacts with all cardiac medication, damages the cardiac conduction system and causes sudden death. For detox information contact Dr. Leonard Coldwell at [instinctbasedmedicine@gmail.com](mailto:instinctbasedmedicine@gmail.com) Also check out his newbook "*The Only Answer to Cancer*" which has aspartame cancer information.

Some Diseases and symptoms Triggered by ASPARTAME:

Brain Tumors Multiple

Sclerosis Seizures Blindness Fibromyalgia Graves

Disease Chronic Fatigue

Syndrome Parkinson's Alzheimer's Diabetes Joint

Pain Lou Gehrigs - Desert Storm Syndrome

Mental Retardation Lymphoma Birth

Defects Systemic Lupus DEATH!!

Researchers at the Massachusetts Institute of Technology surveyed 80 people who had brain seizures after consuming aspartame. Said the Community Nutrition Institute: "These 80 cases meet the FDA's definition of an imminent hazard to the public health, which requires the FDA to expeditiously remove a product from the market." America is seeing a tremendous increase in seizures. Phenylalanine in Aspartame lowers the seizure threshold in the brain and blocks serotonin production. Our nation is swept by and epidemic of violence, which researchers attribute, in part, to low brain serotonin levels, including depression, rage and paranoia. NutraSweet isn't food: just sweet chemical poison. The Romans sweetened their wine with lead; recall what it did for Nero!

MISCARRIAGES and INFERTILITY: Fetal tissue cannot tolerate methanol or phenylalanine! Dr. James Bowen calls NutraSweet "instant birth control". So sorrowful women sipping diet sodas through fertility

clinics. How sad! Aspartame is an endocrine disrupting agent, stimulates prolactin, changes the menses and causes infertility. Then if she is off awhile she can get pregnant but if she gets back on it can lose the baby or give birth to one with birth defects. So many are born autistic or even with a hole in their heart. Former Emory University Professor of Pediatrics, Genetics, Dr. Louis Elsas, testified before Congress in 1987 .. "Aspartame is in fact a well known neurotoxin and teratogen which, in some as yet undefined dose, will both reversibly in the adult and irreversibly in the developing child or fetal brain produce adverse effects."

In tests on animals, aspartame produced brain and mammary tumors (as well as testicular, uterine, ovarian, thyroid and pancreatic) so breast cancer is exponentiating. Aspartame breaks down to diketopiperazine, a brain tumor agent. In 2005 the Ramazzini Studies in Italy proved once and for all that aspartame is a multipotential carcinogen and causes lymphoma, leukemia and kidney cancer, etc. His second study shows if a pregnant woman uses it and the baby survives since aspartame causes birth defects and is an abortifacient, the offspring can grow up to cancer.

According to the National Soft Drink Association [NSDA], (Now American Beverage) at 86 degrees F, aspartame breakdown gets into high gear. Truckloads of diet soda sat in the Arabian sun during Operation Desert Storm, So thousands of healthy American men and women drank formaldehyde cocktails. They came home with Gulf War Syndrome! Aspartame also interacts with vaccine. Consider aspartame can trigger Lou Gehrigs just like adjuvants in vaccines.

The NSDA, representing 95% of the soft drink companies in the U.S. drafted protest, printed in the Congressional Record of May 7, 1985, describing Aspartame's instability. After a few weeks in a hot climate, most of the aspartame in a soda can, will be broken down. [Into formaldehyde, methanol, formic acid diketopiperazine, aspartylphenylalanine, beta aspartame, tyrosine, L-Dopa, dopamine, norepinephrine, epinephrine, phenylethylalanine, phenylpyruvate, phenylactic acid, etc.]

NSDA wanted aspartame outlawed from soda pop! It didn't happen. The cash registers began to jingle, so they forgot their objections. It also slipped their mind to tell us aspartame makes you crave carbohydrates so you gain weight. The formaldehyde stores in fat cells, particularly on the hips and thighs. Since NutraSweet hit the market, obesity has become epidemic! If you want to be fat, Diet Coke is where it's at! Later you can have diabetes, blindness, chronic fatigue, MS depression and death. Aspartame can precipitate diabetes, simulates and aggravates diabetic retinopathy and neuropathy, destroys the optic nerve, causes diabetics to go into convulsions, and even interacts with insulin. The free methyl alcohol causes diabetics to lose limbs. They can use as a safe sweetener, Just Like Sugar, gotten at places like Whole Foods or at [http://www.wnho.net/splenda\\_chlorocarbon.htm](http://www.wnho.net/splenda_chlorocarbon.htm) Some also have Acesulfame potassium which caused cancer and leukemia in original studies.

If you are an aspartame MS victim particularly be sure to see the movie *Sweet Misery: A Poisoned World*. Call for information, we would like your case. 770-242-2599. On computer read [http://www.mpwhi.com/new\\_report\\_at\\_neurology\\_conference.htm](http://www.mpwhi.com/new_report_at_neurology_conference.htm) and provide these reports for your physician.

The American Diabetic Association gets megabucks from NutraSweet, so they ignored a 1987 abstract by

diabetic specialist Dr. H. J. Roberts which summarized 58 diabetic aspartame reactors. It was published in Clinical Research. He says "I now advise ALL patients with diabetes and hypoglycemia to avoid aspartame." NutraSweet pays off the American Dietetic Association also. These world class Jell-O makers defend the aspartame industry. Neurosurgeon, Russell Blalock, M.D. states in his book, *Excitotoxins, The Taste That Kills*, <http://www.russellblaylockmd.com> "What really concerns me about aspartame is its association with brain tumors as well as pancreatic, uterine and ovarian tumors and that so many develop Alzheimer's-like syndrome." He said in a lecture the reactions to aspartame are not allergic but toxic like arsenic and cyanide. Aspartame causes polychemical sensitivity syndrome. Many times aspartame and MSG, which have a synergistic and additive effect, are hidden in artificial and natural flavors. <http://www.truthinlabeling.org>

Ralph Walton, M.D., Psychiatrist, did a study on aspartame. One subject sustained a retinal detachment and lost the vision in one eye, another had conjunctival bleeding. Others stated they were being poisoned and the institution stopped the study. This shows you honest independent research will always show that aspartame is poison. Dr. Walton also did research for 60 Minutes showing 92% of all independent, scientifically peer reviewed studies showed the problems. <http://www.dorway.com/peerrev.html> Because of the psychiatric and behavioral problems aspartame triggers today our children are medicated instead of educated. Aspartame interacts with all antidepressants. Send this report to schools and Board of Educations: [http://www.mpwhi.com/report\\_on\\_aspartame\\_and\\_children.htm](http://www.mpwhi.com/report_on_aspartame_and_children.htm) Today mental hospitals are full of patients who are simply aspartame victims.

NutraSweet/Equal/Spoonful are the deadliest toxins in our society because of their ubiquitous presence in thousands of foods like children's vitamins, medicines, Kool Aid, Jell-O and on every restaurant table. We're dosed with millions of pounds per year! The following warning should be on all aspartame products: CHEMICAL POISON: KEEP OUT OF REACH OF HUMANS! GENOCIDAL!

If you want to read the whole story of how aspartame was approved by the political chicanery of Don Rumsfeld after FDA revoked the petition for approval and tried to indict the manufacturer read this letter: [http://www.mpwhi.com/letter\\_to\\_cynthia\\_oshita.htm](http://www.mpwhi.com/letter_to_cynthia_oshita.htm)

WHAT CAN YOU DO? TELL EVERYBODY!

Mission Possible's only objective is to save lives and health by eliminating Aspartame. This flyer should also be translated into different languages. Mission Possible has operations in 40 nations. PLEASE MAKE COPIES for your friends, school, workplace, lawmakers, merchants and physicians.

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<http://www.wpwhi.com>  
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<http://www.dorway.com>

Aspartame Toxicity Center: <http://www.holisticmed.com/aspartame>

H. J. ROBERTS, M.D., F.A.C.P., F.C.C.P. BOOKS author of the medical text, *Aspartame Disease: An Ignored Epidemic*, <http://www.sunsentpress.com>, Included in Who's Who in America, Who's Who in the World, Who's Who in Science and Technology, and THE BEST DOCTORS IN THE U.S. Selected by a national medical publication as "The Best Doctor in the U.S." How can a physician practice medicine without this book. It gives you the drug interactions and the mechanisms by which aspartame triggers or precipitates neurodegenerative diseases, diabetes, obesity, birth defects, etc.

Give a copy to ANYONE who might benefit from the knowledge!

Take the "no aspartame test" for 60 days and when your symptoms disappear do send us your case history with permission to publish.

Mission Possible is dedicated to the proposition that we will not be satisfied until death and disability are no longer considered an acceptable cost of business.

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"If you have had a reaction that you are certain that aspartame caused ... call 1-800-FDA-1088 and request a MED WATCH form."

Or, print out and send the <http://www.dorway.com/reprtfrm.html> to both the FDA and Dr. Martini.

Do not use Splenda as it's a chlorocarbon poison nor Acesulfame potassium which caused cancer and leukemia in original studies.